

### **Information/instructions about your Dentures and Partial dentures**

Going from natural dentition to complete denture is a big change in itself. It takes time to train your brain to keep the prosthesis stable in mouth if this is your first time with a removable appliance.

- The chewing efficiency is lower than your natural or implant assisted prosthesis. Avoid eating sticky food. One has to learn to chew on both sides with their complete denture
- Its recommended to practice speaking in front of mirror by reading a magazine etc as there maybe few sounds that might change slightly after insertion of your dentures
- You may feel increased salivation due to newly added object per se in your mouth. This should resolve within few days.
- After insertion its common to have a sore spot or a pressure point. Please notify us and we would be happy to take care of it.
- In case of partial dentures take extra care of anchor teeth as they are prone to caries due to added hardware around them.
- Over a period of time the underlying bone will remodel and the fit may become loose creating space between denture and your gums. Please contact us if that happens as that space needs to be filled by relining.
- Depending on your chewing habits and opposing surfaces of your prosthesis, the denture teeth may wear down in few years
- If any denture tooth breaks off or denture seems to crack please contact us
- Keep your dentures soaked in water when you sleep. A liquid hand soap with no grit or a commercially available denture cleaner along with denture brush can be used to clean the prosthesis.
- Be sure to carry the case with you at all times to avoid dentures being discarded accidentally or falling into hands of your loving pet ( dogs like to chew on those)

For any issue feel free to contact us. Remember we are here to help you and provide you the best possible care