

**Information/instructions about your implant bridge/hybrid/ bar dentures**

- In case of implants placement and temporary hybrid placement during the same appointment drink plenty of fluids. Have your normal diet but avoid chewing on hard food. Avoid smoking. If you feel temporary bridge is loose or cracking please let us know immediately. Take pain killers and antibiotics as prescribed.
- Lot of times the bite will be different as the anesthesia wears off after surgery and immediate temporary hybrid placement. It's normal but if you feel the bite is off or locked in and you are having trouble eating or speaking please contact us.
- Remember the temporary hybrid is **temporary**, it is a good time to take note of any changes you might want in final future prosthesis be it shape, size or shade of the teeth.
- For both your temporary bridge and final one, good oral hygiene is most important and critical item. Use waterpick and superfloss and pay extra attention to areas under the bar and around the metal cylinders.
- For implant bar overdentures if you feel the clips are too tight or too loose please let us know and we can get them to proper retention for you.
- Be aware that since these prostheses are mostly fixed in your mouth you would have to come in once in six months for us to remove it and clean it and underneath around the implants.
- Any remaining teeth or opposing teeth should be taken care of as usual by proper brushing and oral hygiene aids.

In case of any issue please feel free to contact us, remember we are here to help you and provide you the best possible care.