

Information/instructions about your immediate dentures

- Do not remove your immediate dentures following insertion for 24 hours. If you remove it the swelling of tissues due to extractions may not let you place it back.
- Do not rinse your mouth vigorously, smoke or suck on a straw following extractions.
- Follow instructions for pain killers and antibiotics (if any) as directed by your dentist.
- It is normal to experience excessive salivation after placing in dentures. This should subside with time.
- A little blood with lot of saliva can cause false sense of excessive bleeding, please be aware of that.
- Since you are required to wear the dentures through night for the first 24 hrs, sleep with a towel over your pillow to avoid soiling it due to any blood mixed with saliva.
- After first night keep the dentures soaked in water overnight.
- You can clean the dentures with liquid hand soap and denture brush or commercially available denture cleaner tablets
- The fit of denture will change as your tissues heal and hence would need constant adjustments. Let us know if you develop a sore spot or dentures start feeling too loose.
- These are usually healing/temporary dentures before your final prosthesis. Take note of things you would like to have changed in your final one.
- In some cases the same temporary dentures maybe used as final/long term dentures after hard relining.
- It is ok to use some adhesive to keep denture stable once the soft tissue has healed following extractions.

In case of any issue please feel free to contact us, remember we are here to help you and provide you the best possible care.